



The Leader **Leader** *Within*

**DEVELOPING INTER-PERSONAL
EXCELLENCE...**

**TO MAXIMISE THE POTENTIAL OF
LEADERS AND THEIR ORGANISATIONS**

Have you noticed how discussions about a leader's performance often centre on style and personalities rather than competence in their chosen profession? Stories revolve around character clashes, interpersonal faux pas, inability to change, egos, levels of presence and team leverage.



Research confirms that a leader's personal style has a significant impact on organisational effectiveness and bottom line results. The more remote from the coal face a leader becomes, the more exponential that impact is - and the more dependent they are on their communications and management styles to lever the organisation and its success.

The good news is many of the skills *can be learned*, and after integration, can become a natural part of a leader's repertoire.

The Leader Within

THE LEADER WITHIN programme combines unique leading edge concepts to tackle and develop fundamental personal leadership skills in an insightful and manageable way - core skills that make leaders more flexible and dynamic in action, specifically targeting their ability to drive more innovative and effective organisations.

The Leader Within



The programme consists of 3 modules, each involving follow-up integration work. The modules build progressively to produce a set of flexible leadership insights and skills in action. Each module can also be tailored as a stand alone course to integrate effectively with your existing leadership development programmes.

MODULE 1

A 3-day course surfaces the fundamental interpersonal skills that enable an individual to adopt more effective and flexible behaviours “in the moment”. Attendees will find these skills transferable to all parts of their life, sometimes referring to them as “life changing”.

The course covers:

- Awareness and understanding of Personal Behaviours
- Personal Image and Impact
- Effective Relationships and Communications
- Unleashing Capability - Leaders as Coaches

The course is followed by 3-4 follow-up coaching and integration clinics.

MODULE 2

A 3.5 day course builds on the fundamentals of Module 1, covering the specific leadership styles and behaviours needed in today’s complex business environment.

The course covers:

- Leadership Styles in Action
- Cultural Flexibility
- Personal Presence
- Emotional Intelligence
- Breakthrough Thinking

The course is followed by 4-6 follow-up coaching and integration clinics.

MODULE 3

A 2-day course coordinates 3 or 4 speakers on subjects relevant to your own organisation’s leadership agenda. The course facilitates a synthesis of learning and commitment to action - requiring attendees to build on what they have learned here and in previous modules and evolve their own improvement and application strategies.

The course is followed by 3 follow-up coaching clinics over 6-8 months.



To learn more about this programme and the ways in which it can be tailored for your needs, contact Quilken Limited.

We look forward to hearing from you.

The Leader Within

Welcome to the journey...



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