

# Quilken's Business Coaching Packages



Quilken's coaching packages are designed as a result of years of experience of what works best, and research about the most successful kinds of coaching interventions. We offer a suite of all inclusive coaching packages, so you can commit to a defined time period at a fixed cost, with no hidden extras.

Management Standard 4 months -	Management Plus 7 months -	Executive Standard 4 months -	Executive Plus 7 months -	Executive Extra 9 months -
<ul style="list-style-type: none"> <li>▪Face to face kick off</li> <li>▪Personal Styles Report</li> <li>▪Monthly telecoaching X3</li> <li>▪Face to Face wrap up</li> <li>▪Email support</li> </ul>	<ul style="list-style-type: none"> <li>▪Face to face kick off</li> <li>▪Personal Styles Report</li> <li>▪Monthly telecoaching X3</li> <li>▪Face to face Mid point review</li> <li>▪Monthly telecoaching X3</li> <li>▪Face to Face wrap up</li> <li>▪Email support</li> </ul>	<ul style="list-style-type: none"> <li>▪Face to face kick off</li> <li>▪Personal Styles Report</li> <li>▪Leadership 360 Report</li> <li>▪Monthly telecoaching X3</li> <li>▪Face to Face wrap up</li> <li>▪Email support</li> </ul>	<ul style="list-style-type: none"> <li>▪Face to face kick off</li> <li>▪Personal Styles Report</li> <li>▪Hay McBer Leadership Styles 360 Report &amp; debrief</li> <li>▪Monthly telecoaching X3</li> <li>▪Face to face Mid point review</li> <li>▪Monthly telecoaching X3</li> <li>▪Face to Face wrap up</li> <li>▪Email support</li> </ul>	<ul style="list-style-type: none"> <li>▪Face to face kick off</li> <li>▪7 hrs/1 day Shadow Observation &amp; debrief</li> <li>▪Personal Communications Styles Report</li> <li>▪Hay McBer Leadership Styles 360 Report &amp; debrief</li> <li>▪3 telecoaching sessions</li> <li>▪Face to face Mid point review</li> <li>▪3 telecoaching sessions</li> <li>▪Face to Face wrap up</li> <li>▪Email support</li> </ul>
<p><i>Clients can request all coaching to be face to face at extra cost if required . Please ask for details.</i></p>				